

# KIRAS NEWS

OUR MOTTO KNOWLEDGE TO PERFECTION  
[2024-25]

## KIRAS: for attaining Quality Education

Kalka Educational Society is registered under Societies Registration Act 1861. The Society was established in 1979 by a group of visionaries and intellectuals and its main aims and objectives are to open Hospitals, Educational and Professional Institutions in India and abroad.

The college is run by the prestigious "Kalka Educational Society". Kalka Institute for Research and Advanced Studies aims to offer world class education to fulfill the requirements and needs of the society at large and to achieve excellence in the world. Today, the discipline of Education and Computer has made enormous progress and has matured as a distinctly independent branch, mainly through the acquisition of the wealth of knowledge, research. The job of the KIRAS is to offer such courses by introducing more modern and utilitarian programs which finally develop sufficient knowledge, right skills and correct attitudes and values among students. This will be of relevance to the job market in India and abroad.

### A message from the Management



LATE SHRI C.P. MEHROTRA

KIRAS has traversed a long journey to attain quality education, intuitive recognition of creativity and sparkling success. It has outstanding faculty, a student oriented approach with a global perspective, open & healthy academic environment. KIRAS has unique features to act as a catalyst and facilitator to groom our students for best career prospects.

We are sure that students, faculty and staff of KIRAS shall bring pride to the Institute and the Country.



SMT. ASHA MEHROTRA  
Manager



DR. ANJU MEHROTRA  
Director KGI

“What do you want to become, depends on your thoughts, decisions and the actions you do”  
Thus, you are the creator of your life, you will write your future. This will influence your lifestyle, attitude and quality of life. You have to adopt the self-responsibility to enhance your self-esteem. Always remember that all of us are gifted by God in one or the other way. All that remains is to bring out that hidden potential, have a keen observation and an eye for talent and no one other than you can do it.  
So do it now. . . "Be what you want to be"



DR. ONIKA MEHROTRA  
Co-Director KGI

A warm welcome is always assured at the Kalka Group of Institutions. Here we aspire to craft socially conscious and responsible individuals who will serve the society. KGI aims to be an institution that empowers each learner with a strong foundation of knowledge and skills. We are preparing global citizens committed to humanistic values and democratic traditions. Care, love and emotional security underpin our ethos. The Institution has a very welcoming, supportive and inclusive atmosphere. A culture of mutual respect is clearly evident in the positive relationships between staff and learners.

~ "Education is not preparation for life; education is life itself." ~

# Kalka Institute for Research and Advanced Studies, New Delhi (KIRAS)

*"Education is not the learning of facts, but the training of the mind to think."*

Higher education is more than just a pathway to academic excellence - it is the key to unlocking potential, fostering innovation, and shaping a brighter future. Kalka Institute for Research and Advanced Studies (KIRAS), New Delhi was set up in the year 2000 to impart professional excellence in the field of Information System and Teacher Education affiliated to Guru Gobind Singh Indraprastha University, Dwarka, New Delhi. This institution is committed to providing a transformative learning experience that equips students with the knowledge, skills, and ethical values needed to excel in a rapidly evolving world. At present it is offering a full - time 2-year B. Ed Programme and 3-year BCA Programme.

## Message from the Director's Desk



**DR. SHUBHAM SAXENA**  
Director KIRAS

Higher education is the gateway to knowledge, innovation, and transformation. We are dedicated to fostering an academic environment that encourages critical thinking, research, and professional excellence. As Albert Einstein once said, "Education is not the learning of facts, but the training of the mind to think." Our goal is to equip students with the skills, knowledge, and ethical values necessary to navigate the complexities of the modern world. In today's rapidly evolving global landscape, higher education plays a crucial role in shaping future leaders and change-makers. We emphasize a holistic approach to learning, integrating cutting-edge research, industry collaborations, and experiential learning to prepare our students for real-world challenges. With a team of dedicated faculty, state-of-the-art infrastructure, and a commitment to academic excellence, we take pride in shaping individuals who will contribute meaningfully to society. We invite you to embark on this journey of knowledge and self-discovery with us, as we work together to build a brighter and more enlightened future.

*Wishing you success and inspiration in your academic journey!*

## Message from the Principal's Desk



**DR. RAJEEV KUMAR**  
PRINCIPAL (Dept. Comp. Sc.)  
KIRAS

It gives me immense pleasure to lead the department of Computer Science. Our College is one of the premier institutions, unique like a prism reflecting the manifold shades of learning and co-curricular activities. Kalka Institute for Research & Advanced Studies is striving hard towards the goal of providing innovative and quality education with high standards to achieve academic excellence. The very motto of our department is to provide quality education. The process of learning is extremely important in life. What you learn, how you learn and where you learn play a crucial role in developing one's intellectual capability, besides career. Hence on behalf of our BCA Department, I welcome all you to KIRAS, Alaknanda, and Delhi. Along with academic knowledge KIRAS also trains to face the challenges in life by providing many value added courses to enhance their career prospects. The excellent infrastructure, teaching faculty of the best kind ensures quality education such as interaction among students, parents and staff, along with a Training and Placement Cell ensures a bright future for its students. Thus we are confident that our students will emerge as assets not only to this institution and to the organization they belong, but also to the country at large. I congratulate the team of faculty members and the students for their brilliant and original efforts.

*I wish all the Students and Faculty a great academic career.*

*~ "Leadership and learning are indispensable to each other." ~*

SEMINARS | WORKSHOPS | WEBINARS | FDP | CONFERENCE

Enrichment Programme by Prof. MC Sharma  
(06/09/2024)

The Kalka Institute for Research and Advanced Studies organized an Enrichment Programme on 6<sup>th</sup> September 2024, featuring a seminar by Professor M.C. Sharma on "Recent Trends in Educational Technology for Quality Education." He discussed teaching-learning aids, information technology, and ICT, emphasizing their role in enhancing education. The session concluded with an interactive Q&A and a vote of thanks by Dr. Archana Vats, acknowledging Professor Sharma's valuable insights.



Workshop on Mindfulness (24/09/2024)

The Stress-Free Mindfulness Seminar, held on 24th September 2024 at KIRAS, focused on the importance of mindfulness and meditation in reducing stress and achieving inner calm. Dr. S. Ranjan, the keynote speaker, shared insights on mindfulness, the concepts of success and well-being, and the integration of meditation into daily life. He also emphasized the significance of self-awareness, using examples from ancient texts like the Bhagavad Gita. The session included meditation exercises aimed at helping participants experience deeper mental and physical well-being. The event concluded with a practical meditation session, encouraging holistic development through mindfulness.

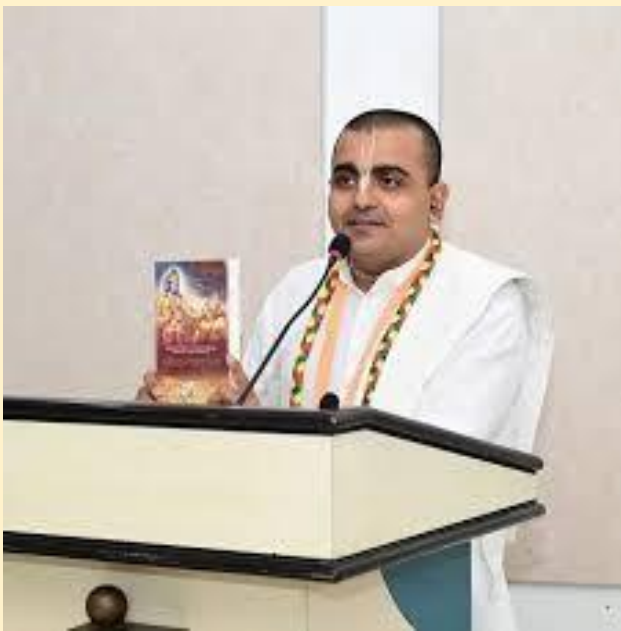


Seminar on Understanding the Self  
Glimpses of Different Childhood in India (22/10/2024)

The seminar "Glimpses of Different Childhoods in India" at KIRAS provided an insightful discourse on the multifaceted experiences of children across socio-economic strata and varying abilities. Ms. Himani Singh and Dr. Sonia Mojumdar presided over the session, delivering an eloquent introduction and concluding with a formal vote of gratitude. Esteemed faculty members were in attendance, offering their expertise and mentorship throughout the event. B.Ed. students conducted in-depth interviews and presented nuanced analyses of the challenges encountered by children from lower-income, middle-class, affluent, and differently-abled backgrounds. The seminar underscored the imperative for inclusive education, pedagogical reforms, and empathetic instructional strategies, culminating in a thought-provoking dialogue between students and faculty.

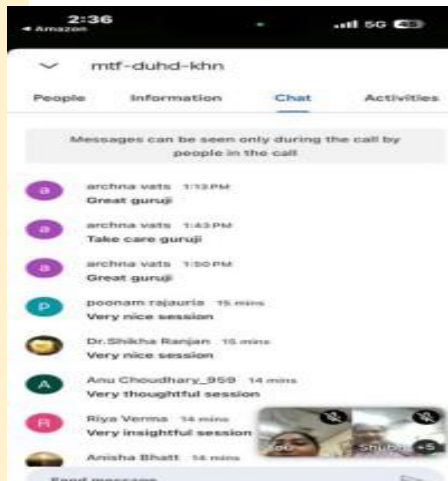
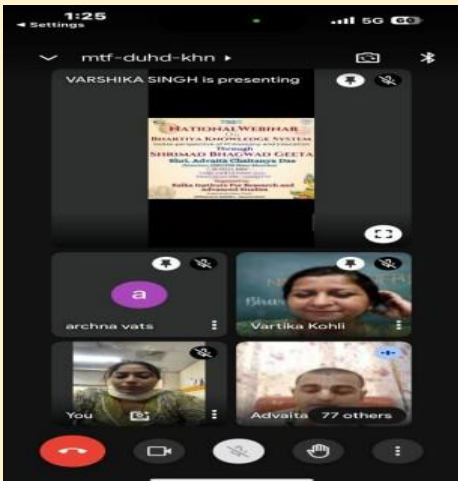
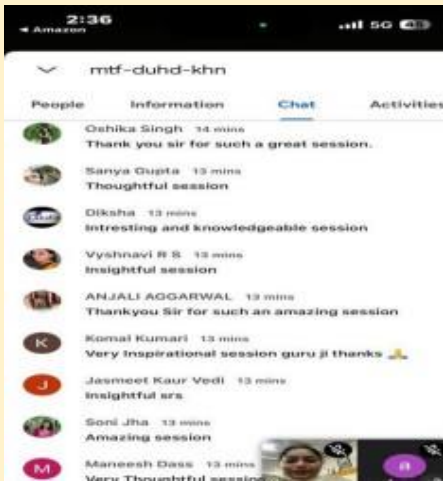


National Webinar  
on  
“Bhartiya Knowledge System” (23/10/2024)



SHRI. ADVAITA CHAITANYA DAS  
DIRECTOR  
ISKCON, NAVI MUMBAI

The National Seminar on the Bhartiya Knowledge System was held on October 26, 2024, at Kalka Institute for Research and Advanced Studies. Organized by the management committee, the event featured grace knowledge of Shri. Advaita Chaitanya Das Ji, an expert in vedic wisdom and leadership. He discussed the relevance of the Bhagavad Gita in modern education, the Gurukul system, and key philosophical concepts like Brahma Jigyasa, Dharma, and Gyan-Vigyan. The session emphasized spiritual growth, self-realization, and ethical living. The event concluded with a vote of thanks and a pledge by students to apply the teachings of the Gita in their lives.



Faculty Development Programme on “Education for Life” 2024  
(1<sup>ST</sup> Dec, 2024 to 7<sup>th</sup> Dec, 2024)



Dr. Vinod Kumar Kanvaria  
Associate Professor,  
Department of Education,  
University of Delhi.



Professor Amit Prakash Singh  
University School of Information,  
Communication & Technology.



Dr. Jagmohan Rai,  
Retired Associate Professor,  
Department of Mathematics,  
PGDAV- University of Delhi.



Ms. Alekhyia Shastri  
Chartered Accountant,  
Chief Executive  
Director-PMC Hindi



Ms. Amulya  
MBA, Chief Operating  
Officer-PMC Hindi



Dr. Amit Ahuja  
Associate Professor,  
University School of  
Education, GGSIPU

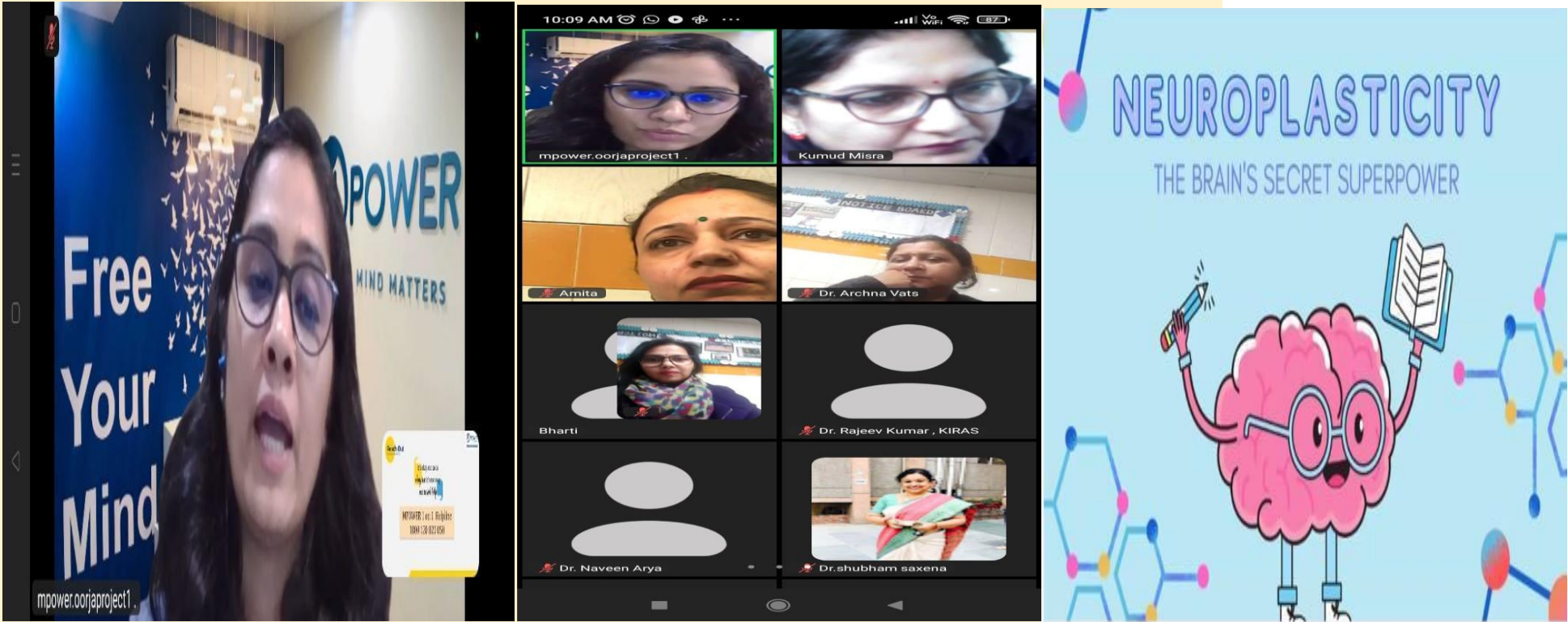
Prof. M.C. Sharma  
Director of UNICEF  
Teacher Education Project &  
Former Director at IGNOU



**Faculty Development Programme on “NEUROPLASTICITY” 2024**  
**(20<sup>th</sup> Dec, 2024 to 24<sup>th</sup> Dec, 2024)**

On 20th December 2024 to 24th December 2024, Kalka Institute for Research & Advanced Studies (KIRAS) in joint collaboration with MPOWER Aditya Birla Education Group hosted an insightful and interactive 5 days FDP on *Neuroplasticity*. MPOWER Aditya Birla Education Group stands as a beacon of excellence in the realm of education, embodying a commitment to transformative learning experiences and holistic development. MPOWER is a digital platform that offers mental health services like counselling and therapy to students and young adults. It was created with the aim of addressing the rising mental health issues among individuals in today's fast-paced world. The platform provides a safe and confidential space for users to speak openly about their struggles and receive guidance from qualified professionals. By introducing MPOWER, Aditya Birla Education Group is working towards promoting positive mental well-being and breaking the stigma surrounding mental health problems. It's a much-needed initiative that strives to make mental healthcare more accessible and affordable for everyone. The FDP on *Neuroplasticity* was conducted online via the Zoom platform, with all faculty members of the B.Ed. and BCA departments of KIRAS participating in the FDP.

ZoomLink:<https://us02web.zoom.us/j/87087772048?pwd=AT6KoPTDIb6bl1MVNEH8QjIao6Ks8R.1>



**National Conference on "Emotional & Mental "Well Being in the Era of Digitalization through Indian Knowledge System"**  
**(18.01.2025)**

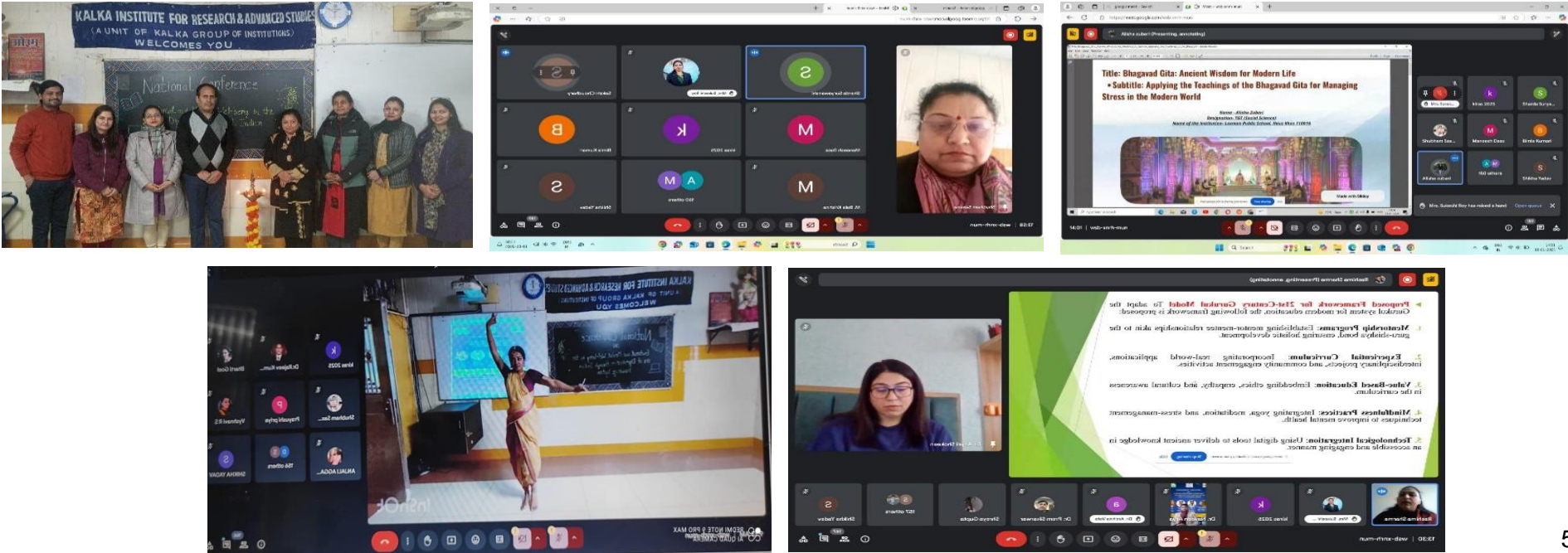
The National Conference on "Emotional & Mental Wellbeing in the Era of Digitalization through Indian Knowledge System" was organized on Jan 18, 2025 by Kalka Institute for Research and Advanced Studies

The event featured insightful discussions by experts on integrating traditional wisdom with digital advancements for holistic well-being.



Research presentations explored themes such as digital addiction, emotional resilience, and mindfulness through Indian philosophies.

The conference concluded with reflections on its impact, emphasizing the need for continued research and application of Indian knowledge systems in modern digital challenges.



# Pidilite Workshop (23-30/01/2025)

Pidilite Industries Limited, founded in 1959 by Balvant Parekh, is an Indian multinational company headquartered in Mumbai. It is renowned for manufacturing adhesives, sealants and construction chemicals, serving both consumer and industrial markets. Fevicol is a well-known brand under Pidilite Industries Limited, specializing in a range of art and craft products. It is widely used by artists, hobbyists, and professionals for fabric painting, acrylic painting, and other creative applications. Kalka Institute for Research and Advanced Studies (KIRAS) organized a seven-day workshop sponsored by Pidilite, which is now named in the field of art and craft materials. Representing Pidilite, Ms. Saini is a highly skilled professional with significant expertise in art and craft. Throughout the workshop, she shared her in-depth knowledge and practical skills, enabling students to explore their creativity and enhance their understanding of artifact creation. Her hands-on approach and engaging teaching style provided participants with valuable insights into the process of making high-quality, innovative artifacts.



# WORKSHOP ON YOUTH MENTAL HEALTH FIRST AID (06-07/02/2025)

Kalka Institute for Research and Advanced Studies conducted a two-day workshop on February 6th and 7th, 2025, focusing on mental health awareness. The workshop was led by the resource person Ms. Madhura More, a psychologist with over two years of experience in the field. She specializes in conducting empathetic and evidence-based training sessions that equip participants with practical skills and foster a deeper understanding of mental health issues. The Mental Health First Aid workshop for B.Ed. students proved to be an enriching and informative experience that provided deep insights into recognizing, understanding, and addressing mental health issues. The workshop aimed to equip participants with essential skills to identify symptoms, analyse their root causes, and effectively respond to mental health challenges.



**WORKSHOP on MICROSOFT WORD - A KEY TO SMART DOCUMENTATION (11/02/2025)**

Kalka Institute for Research and Advanced Studies, Alaknanda organized a workshop on Microsoft Word- A Key to smart documentation on 11th February, 2025 for the second year students of B.Ed. department with the objective of enhancing proficiency of students in document creation, formatting and advanced features of MS Word. The workshop aimed to equip students with essential digital literacy skills, ensuring their efficiency in academic writing, assignments, research papers and official documents. As aspiring teachers, students must be well- versed in tools to prepare study materials, maintain academic records and conduct research. The objective of the workshop is to familiarize students with both basic and advanced features of MS Word, including text formatting, tables, templates, citations and collaboration tools. Additionally, it focused on improving productivity through time saving techniques such as keyboard shortcuts, automations and creations of documents. By the end of the session, students were expected to confidently use Microsoft Word to create professional documents, streamline their workflow and integrate technology effectively into their teaching practices.



**CO - CURRICULAR ACTIVITIES OF KIRAS**

**Tiranga Yatra (13/08/2024)**



**Independence Day Celebration (14/08/2024)**



**Debate & Dance Competition on the occasion of 78<sup>th</sup> Independence Day Celebration (14/08/2024)**



**Fine Arts & Dramatics Competition on the occasion of Janmashtami (28/08/2024)**



**Dramatics (Mono Acting/One Act Plays) Fine Arts (On the spot painting) (30/08/2024)**



**Teachers Day Celebration (04/09/2024)**



**Fresher's Party (05/09/2024)**



**Mock Interviews (18/09/2024)**



**Music Competition (18/09/2024)**



**Anugoonj Prelims - Rangoli Competition**



**Classical Dance Competition (13/09/2024)**



**Food Without Fire Competition (Diwali) (29/10/2024)**



**Diwali Celebration (29/10/2024)**



## SPORTS MEET OF KIRAS



## VALUES AT KIRAS

### MEDITATION SESSIONS



With the goal of promoting inner serenity and overall well-being meditation sessions are conducted twice a week for students. These sessions have shown to be extremely beneficial in fostering personal development and holistic development, with enthusiastic students leading the way towards overall development among students.

### YOGA PRACTICE



## CTET CLASSES



KIRAS organized weekly Central Teacher Eligibility Test (CTET) classes for students of Bachelor of Education (B.Ed.), conducted in the college premises. These classes are held every working Saturday i.e., 2<sup>nd</sup> and 4<sup>th</sup> Saturday of every month at 10:00am to 12:00pm. The classes were conducted for aspiring teachers with comprehensive guidance and preparation strategies for excelling in the examination. The classes comprehensively covered all the sections of the CTET syllabus, including Child Development and Pedagogy, Language I and II, Mathematics, Environmental Studies and Social Studies.

## Ek Ped Maa Ke Naam (17/09/2024)



## Visits of Kiras



PLACEMENT AT KIRAS - 2025

B.Ed.



Harshdeep Kaur  
Doon Public School  
Pashchim Vihar,  
Delhi



Garima Manral  
Divine Shine  
Public School  
Devli, Delhi



Priyanka Mehlawat  
Ambience Public  
School, Safdarjung  
Enclave, Delhi



Lipka Arora  
New Green Field  
School, Alaknanda,  
Delhi



Chahek Kalra  
Prestige Convent  
School, Rohini  
Sector 8, Delhi



Jagriti Wadhwa  
OPG World School,  
Dwarka, Sector  
19B, Delhi



Shreya Gupta  
Adarsh World  
School, Sector-12  
Dwarka, Delhi



Tanya Wahi  
Somerville School,  
Greater Noida, UP

BCA



DEEPSHIKHA VERMA  
(Web Developer)  
Mobilfox, Gurugram



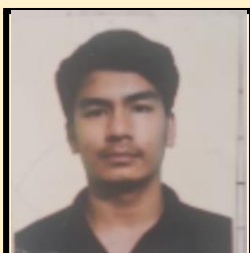
VINEET  
(Data and Operations)  
Careers 360, Gurugram



MOHD SELMEN  
(Content Reviewer/Creator)  
DoSelect(InfoEdge)



ANSH VARSHNEY  
(S/W Engineer,)  
Techgropse Pvt. Ltd.



NITIN CHAND  
(Python developer -Web-scraper)  
Map My India, Delhi



PIYUSH SHARMA  
(EDP IT Executive) Honda



SACHIN  
(Content CSR 2)  
Telus Digital, Noida

RESULT AT A GLANCE - 2025

B.Ed.



Ashu Mehlawat  
CGPA 9.5  
Rank - 1



Tannu Rexwal  
CGPA 9.5  
Rank - 2



Misha Bakshi  
CGPA 9.5  
Rank - 3



Himani Bartwal  
CGPA 9.4  
Rank - 4



Harshdeep Kaur  
CGPA 9.3  
Rank - 5

BCA



Khushi  
CGPA 9.4  
Rank - 1



Ajay Mathpal  
CGPA 9.1  
Rank - 2



Jayanti Gupta  
CGPA 9.0  
Rank - 3



Ankush Kumar  
CGPA 8.9  
Rank - 4



Govind Giri  
CGPA 8.8  
Rank - 5

"The mind is not a vessel to be filled, but a fire to be kindled"